



Radius Child & Youth Services™
PREVENTION • INTERVENTION • RESEARCH



ABCs of CSB

About the Workshop:

ABCs of CSB is an online learning opportunity designed for parents or caregivers who are dealing with a child who engaged in concerning sexual behaviour (CSB) and who may also be parenting a child who was exposed to the concerning sexual behaviour

We know that parents and care givers play a central role in supporting their child successfully overcoming a CSB and creating safety for everyone in the home. ABCs of CSB helps parents and caregivers gain important knowledge about concerning sexual behaviours. You will learn how to support your children during this emotional and challenging time, how to create safety for everyone, how to respond to different questions and behaviours. You will learn how to navigate your way through the process of dealing with your child's CSB and any other children in the family who may have been exposed to the CSB.

You proceed through the ABCs of CSB on your own at your own pace. Content is delivered through short videos presentations by experienced clinical staff from Radius and Lynwood Charlton with links to helpful information and resources, as well as activities and exercises to build knowledge and skills.

Who should participate in this workshop?

ABCs of CSB is helpful for families who are waiting for assessment and treatment to begin. You will understand how you have already been helping your child with the CSB and creating safety for everyone in the home. You will learn new ways to support and help your child move beyond the CSB and how you can create strength and safety for everyone in the family (including you!).

Having done the work in the ABCs of CSB both you and your child will be well prepared for treatment should that be the next step for them.

Register at _____
www.radiustraininginstitute.ca

Topics To _____ Be Covered

- ✓ Learning about Concerning Sexual Behaviours (CSB)
- ✓ Finding out and Responding
- ✓ How You Can Help
- ✓ Safety Planning
- ✓ Learning about Sexual Development for Children
- ✓ Privacy and Sexual Behaviour Rules to Teach
- ✓ Addressing Factors the Contribute to or Maintain a CSB
- ✓ Teaching Healthy Sexuality
- ✓ Teaching Other Important Skills
- ✓ Taking Care of Yourself and Next Steps

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How Long Does it _____ Take to Complete?

Most participants take a total of 5 to 7 hours to complete ABCs of CSBs over several weeks logging in and out as time permits. You will be creating a downloadable workbook of your completed activities and notes as well as downloading recommended resources for your future reference.

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What _____ Happens After?

Upon completion you will have the offer, should you wish, of a one-hour consultation with a Radius or Lynwood Charlton clinician to answer any further questions or discuss next steps. All participants receive a Certificate of Completion.

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Are you eligible? _____ A parent or caregiver must:

- Have a child who engaged in CSB or who may be parenting a child exposed to CSB.
- Be referred by a mental health professional (e.g. school social worker, therapist, CAS worker, child advocate).
- Live in Halton, Peel, York, or Toronto regions.
- Access to the internet and a computer.

Interested in Enrolling or Have
Further Questions?

Contact: Leanne Philbert
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