

PROVIDING COMPREHENSIVE ASSESSMENT AND TREATMENT FOR CHILDREN AND YOUTH WHO HAVE EXPERIENCED TRAUMA

Online Series



Radius Child & Youth Services™
PREVENTION • INTERVENTION • RESEARCH

TRAINING INSTITUTE



RADIUS TRAINING INSTITUTE

SERIES OVERVIEW

HOW DO WE LEARN TO BE A TRAUMA THERAPIST FOR CHILDREN AND YOUTH?

It first starts with building the foundations to conceptualize this journey and pique your interest on what it means and looks like to assess and treat trauma with children and youth. This training will provide you with foundational and comprehensive knowledge and skills to enhance your journey into this specialization. This training is geared to professionals who are able to practice the controlled act of psychotherapy.

WHAT IS THE STRUCTURE OF THIS TRAINING SERIES?

This live virtual training is a series that includes 6 training days from April to June 2023. All training days will run from 9:30am to 4:00pm with regulation breaks throughout the day. There is an expectation that people will register and attend the entire series. You will receive a certificate of completion once you have attended all 6 training days and continuing education credits from the Canadian Counselling and Psychotherapy Association are available to those who complete the 6 days. The training will include a didactic presentation, opportunities for discussion, multimedia, breakout groups, take-home materials and tools, and resources to further your learning. Participants are invited to participate in the training with their cameras on.

FOR YOUR CARE AND CONSIDERATION

Examples of case scenario content may be discussed for the purpose of application and learning. We are offering participants a chance to engage with the material in a manner that supports their own personal well-being. If at any point you feel uncomfortable, please take a few minutes, and rejoin the workshop when you are ready.

POST TRAINING SUPPORT

The Radius Training Institute is happy to meet with you and/or your team subsequent to the completion of this training series in order to answer any further questions, assist you or your team with integrating the training content into practice within your work environment. As well, if your organization is interested in having the Radius Training Institute support the creation and development of a clinical and trauma-focused Community of Practice subsequent to this training series in order to support the integration of ongoing learning and developing specialization, contact us!

[Communities of Practice – Radius Child & Youth Services \(radiustraininginstitute.ca\)](https://radiustraininginstitute.ca)

PROVIDING COMPREHENSIVE ASSESSMENT AND TREATMENT FOR CHILDREN AND YOUTH WHO HAVE EXPERIENCED TRAUMA

01

AUTHENTIC AND COMPASSIONATE CARE: UNDERSTANDING TRAUMA, TRAUMA INFORMED CARE, THE TRAUMA FRAMEWORK & THERAPEUTIC PRESENCE

April 28, 2023 | 9:30am to 4:00pm
Jacqueline Davis | Nancy Falls | Melissa Maltar

02

COMPREHENSIVE ASSESSMENT OF TRAUMA IN CHILDREN AND YOUTH AND CREATING A TREATMENT PLAN

May 9, 2023 | 9:30am to 4:00pm
Franca Iannotta | Nancy Rumble

03

SETTING THE STAGE FOR TRAUMA TREATMENT, UNDERSTANDING REGULATION & BUILDING SKILLS FOR SAFETY AND STABILIZATION

May 18, 2023 | 9:30am to 4:00pm
Heather Barbour | Melissa Maltar

04

MOVING THROUGH TRAUMA TREATMENT / WORKING WITH PARENTS

May 26, 2023 | 9:30am to 4:00pm
Heather Barbour | Melissa Maltar | Nancy Rumble

05

CREATIVE INTERVENTIONS / HEALTHY SEXUALITY UNPACKING MASCULINITY AND GENDER ISSUES IN TRAUMA TREATMENT

May 31, 2023 | 9:30am to 4:00pm
Heather Barbour | Sean Basarke

06

TREATMENT CLOSURE / MITIGATING THE RISK OF VICARIOUS TRAUMA

June 6, 2023 | 9:30am to 4:00pm
Nancy Falls | Angie Lau

PRICING

INDIVIDUAL RATE

\$750 per person

CHILDREN'S MENTAL HEALTH RATE

(Applies to individuals who work in a children's mental health agency in Ontario)

\$650 per person

GROUP RATE

(3 or more people)

\$595 per person



01

AUTHENTIC AND COMPASSIONATE CARE: UNDERSTANDING TRAUMA, TRAUMA INFORMED CARE, THE TRAUMA FRAMEWORK & THERAPEUTIC PRESENCE

APRIL 28, 2023 | 9:30AM TO 4:00PM

JACQUELINE DAVIS, MSW, RSW | NANCY FALLS, Ed.D, RP | MELISSA MALTAR, MSW, RSW

Description:

The aim of this workshop is to ensure participants are familiar with the foundational theories required to engage in trauma assessment and treatment with children and youth. A trauma framework with best practice components will be highlighted. This workshop will also focus on what it means to show up alongside and in solidarity with racialized groups especially when working with those who have experienced trauma. It involves the examination of factors within ourselves, our practices, and our organization. Providing trauma informed care involves **Realizing** the widespread experience of trauma, being able to **Recognize** the signs and symptoms, **Responding** in a compassionate

and strength-based approach, **Resisting** Re-traumatization through creating safety and building **Resilience** to transform trauma.

Becoming a clinical therapist working with children and youth who have experienced trauma requires not only a choice, but also specific clinical knowledge and skills. Having an understanding of self and engaging in a self-reflective practice are essential. Relational presence is the ability to be attuned to yourself so that you can be present and attuned to others and it is a quality that is particularly important when working with those who have experienced trauma.

Objectives:

- To highlight the foundational information necessary to understand trauma and working with children and youth.
- To examine issues in providing responsive services to the diverse and cultural needs of our clients.
- To provide opportunities to explore a trauma-informed practice by using the 5 Rs of trauma informed care.
- To highlight the importance and means of providing a trauma informed therapeutic presence in interactions with children, youth, and families.



02

COMPREHENSIVE ASSESSMENT OF TRAUMA IN CHILDREN AND YOUTH AND CREATING A TREATMENT PLAN

MAY 9, 2023 | 9:30AM TO 4:00PM

FRANCA IANNOTTA, C.PSYCH | NANCY RUMBLE, M.Sc., MSW, RSW

Description:

A comprehensive trauma assessment is the cornerstone of effective treatment. Each person's response to a traumatic experience is unique, thus the need to assess the potential impact of the experience on all areas of functioning across their

life span. The assessment identifies the strengths and areas of functioning that may require intervention. Recommendations are based on the ideal, i.e., what is in the best interest of the child regardless of the circumstances.

Objectives:

- To identify the areas of functioning to be assessed in a comprehensive trauma assessment.
- To examine the trauma specific areas to be assessed, developing questions, tools, and aids, used to solicit information matched to the client's age, developmental stage and learning challenges.
- Identify recommended psychometric measures available for use in assessment
- To examine the synthesis of the data from all sources; identifying strengths, risks, and areas requiring intervention and discuss the communication of recommendations.
- To discuss how recommendations are translated into specific and measurable treatment goals.



SETTING THE STAGE FOR TRAUMA TREATMENT, UNDERSTANDING REGULATION AND BUILDING SKILLS FOR SAFETY AND STABILIZATION

MAY 18, 2023 | 9:30AM TO 4:00PM

HEATHER BARBOUR, B.SC, RSW | MELISSA MALTAR, MSW, RSW

Description:

Trauma treatment interventions are not a crisis service. This first stage of treatment involves significant psychoeducational information, learning how to teach about trauma, enhance emotional coping and regulation skills, manage trauma symptoms, and distorted or faulty belief systems. Involving the child/youth in the development of their individualized treatment plan is essential to counter experiences of loss of control through the trauma.

One of the most significant impairments to functioning as a result of trauma is an activated lower brain and a compromised ability to regulate. Clinicians need to understand dysregulation and the implications related to attachment, neurobiology, and their developmental trajectory. State dependent functioning is an important concept for clinicians to understand and to provide interventions to help children and youth return to a regulated and calm state.

Objectives:

- To review the tasks for safety and stabilization and the use of psychoeducational materials
- To address symptom management and issues of responsibility as well as to update belief systems that were created as a result of the abusive experiences
- To explore dysregulation, its origins in attachment, neurobiology, and developmental implications.
- To identify a variety of tools and strategies that can be used to promote emotional and behavioural regulation and introduce the audience to the Safety and Containment Framework.



MOVING THROUGH TRAUMA TREATMENT AND WORKING WITH PARENTS

MAY 26, 2023 | 9:30AM TO 4:00PM

HEATHER BARBOUR, B.Sc., RSW | MELISSA MALTAR, MSW, RSW | NANCY RUMBLE, M.Sc., MSW, RSW

Description:

Is it possible to address trauma when our world is still unsafe? We will explore what it means to resolve trauma. We will also explore our internal barriers that interfere with moving our clients through to process the trauma. How do we overcome our fears that limit the possibility of change? How do we shine the light on our client's innate desire to walk towards healing and join on their journey of resolution? Helping clients to make meaning of the experience is an important part of helping them to move through and beyond their experiences of trauma. The child/youth will benefit from integrating the traumatic

experience (connecting to the thoughts, feelings, memories, and bodily sensations) and finding a way to document or bring a voice to their experience.

There is no rehearsal for a trauma disclosure; therefore, it is common to require a corrective emotional experience and parents will need to be supported through this process. This workshop will also focus on how to involve caregivers to support the child/youth to move from externally required support to developing internal awareness and competence to self-regulate.

Objectives:

- To conceptualize moving from the Safety and Stabilization Phase to Resolution and Integration Phase, inclusive of identifying our own internal barriers as helpers
- To create a pathway in therapy where we can emphasize realization, legitimization, loss/mourning, and manage graphic imagery (as well as other common themes) to manage trauma impact
- To highlight the potential tasks, challenges and information required for parents to support their children in treatment.



CREATIVE INTERVENTIONS AND HEALTHY SEXUALITY, UNPACKING MASCULINITY & GENDER ISSUES IN TRAUMA TREATMENT

MAY 31, 2023 | 9:30AM TO 4:00PM

HEATHER BARBOUR, B.Sc., RSW | SEAN BASARKE, MSW, RSW

Description:

Creative interventions require an understanding of how to adapt treatment strategies for developmental age/stage and learning styles, strengths, and differences. There are many resources available to address the impact of trauma, in the form of workbooks, treatment tools and models. Intentionality is required to identify the treatment activity best suited to address the specific need. It is important to be able to explain to a client or parent the purpose of the intervention and to be able to adapt in-session interventions to the particular child or youth.

For children and youth who have experienced sexual victimization, it is important to include in their treatment the teaching of age-appropriate healthy sexuality. Involving the caregiver is essential as well as understanding how to deliver the in-session information to children and youth of various ages and stages of development. Working with boys who have experienced sexual abuse provides some unique and challenging issues. It is important to unpack masculinity and gender issues in trauma treatment.

Objectives:

- To explore how treatment interventions are matched to the child/youth's developmental level and learning needs.
- To develop interventions that promote the integration of experiences through multiple modalities and to practice developing creative interventions to address specific issues.
- To highlight the potential tasks, challenges and information required for parents to support their children in treatment.
- To discuss age-appropriate sexual health resources and how to present information in-session using a developmental framework.
- To examine issues related to the sexual abuse of males; including common: myths, abuse characteristics, disclosures, media depictions and the professional response.
- To examine diversity and inclusion of gender and sexual identity issues in treatment.



06

TREATMENT CLOSURE AND MITIGATING THE RISK OF VICARIOUS TRAUMA

JUNE 6, 2023 | 9:30AM TO 4:00PM

NANCY FALLS, Ed.D., RP | ANGIE LAU, MSW, RSW

Description:

Closure is a process, rather than a celebration day. Relationships are repaired and future perspectives identify how the abuse or neglect experience will be integrated and consolidated into their lives moving forward. Matching the closure activity to the needs of the child and family will help to bring meaning to the experience.

Working with clients who have experienced trauma has both its benefits and hazards. Understanding the potential impact of doing this work allows clinicians to make an informed choice. Both the staff and the organization need to develop a plan to support the work and to help mitigate the potential negative impact.

Objectives:

- To examine the tasks of closure and highlight the organization of the celebration activity and the potential need for further services.
- To examine the potential impact of working with clients who have experienced trauma and an individualized plan to mitigate the impact.

MEET THE RADIUS TRAINING INSTITUTE FACULTY

The Radius Training Institute is a multidisciplinary team of experienced clinicians who are committed to providing cost effective, high quality training to those professionals providing mental health services to children and youth. Our focus is working with children's mental health agencies in Ontario; however, we welcome agencies outside of Ontario and individual participants.

The Radius Training Institute faculty has extensive experience in the assessment and treatment of children and youth who have experienced trauma. All members of this multidisciplinary team are members of a regulated College in Ontario as well as other affiliated professional associations. They have been involved in the development and delivery of training for mental health professionals, related health care professionals, as well as groups for clients and parents. All have presented at conferences locally, nationally, and internationally. Many have published articles in peer-reviewed journals, and others are professors at the University level. Individually, they have each developed specialty areas which includes working with children and youth at varying ages and stages of development, learning challenges, and those with multiple complex needs.

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JACQUELINE DAVIS, MSW, RSW

RTI ADJUNCT FACULTY,
RADIUS CHILD AND YOUTH SERVICES



For 26 years, Jacqueline has delivered clinical services to individuals, families, children, and couples. She has also developed specialized skills supporting children, youth, families, and administrators in school board settings. She focuses her clinical practice in evidence-based treatment and holds expertise in but not exclusively Emotion Focused Therapy (EFT), Narrative Therapy, Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Trauma Focused CBT, Dialectical Behavioural Therapy (DBT), Mindfulness, Emotion Focused Family Therapy (EFFT) with a cultural sensitivity & diversity lens. Jacqueline was the recipient of the 2021 School Social Work Achievement Award presented by the Ontario Association of Social Workers for her outstanding commitment to the students, families and school communities she serves. Jacqueline is passionate about training professionals in trauma informed care approaches as they relate to community advocacy and engagement, enhancing equity-focused learning, grounding practice and conceptualization in anti-racist approaches, and promoting systemic change.

NANCY FALLS, Ed.D., RP

CONSULTANT AND SPECIAL TRAINING PROJECTS,
RADIUS CHILD AND YOUTH SERVICES



Nancy Falls is a registered psychotherapist in private practice with over 20 years' experience. Nancy is one of the founding members of the Radius Training Institute. She has extensive experience conducting assessments and providing treatment to youth who have sexually harmed, children engaged in problematic sexual behaviours, and children and youth who have experienced child maltreatment, especially those who have been sexually victimized. Over the past 10 years, Nancy supported two children's mental health organizations with developing training institutes to aim at building capacity in regions in the areas of assessing and treating children and youth who have experienced trauma and children and youth who have engaged in sexually harming behaviours. Nancy also provides consultation and training to professionals in various sectors including children's mental health, hospital-based programs, child welfare, and education. She has presented both locally and internationally in the areas of trauma, sibling sexual abuse, and adolescents who have sexually offended.

MELISSA MALTAR, MSW, RSW

MANAGER, TRAINING AND CONSULTATION,
RADIUS CHILD AND YOUTH SERVICES



For 20 years, Melissa has specialized in working with children, adolescents, young adults, and their families who have experienced interpersonal violence (including sexual, physical, and emotional abuse, neglect, and domestic violence), intrafamilial sexual abuse, adolescent sexual offending behaviour, and problematic sexual behaviours involving children under 12 years. She has developed specialized assessment and treatment skills in these areas. Melissa is one of the founding members and operates the Radius Training Institute through Radius Child & Youth Services in Toronto which supports professionals in gaining a passion and expertise in the above-noted specializations. As such, she carries 16 years' experience creating content, facilitating brief and intensive training sessions for professionals and adult learners in her community, across Canada, and internationally. Melissa has professional affiliation with the Ontario College of Social Workers and Social Service Workers, the Ontario Association of Social Workers, and the Association for the Treatment and Prevention of Sexual Abuse, as well as several certifications and specialization in the Neurosequential Model of Therapeutics and the Neurosequential Model of Reflection and Supervision.

FRANCA IANNOTTA, C.PSYCH

RTI FACULTY/CONSULTING PSYCHOLOGIST,
RADIUS CHILD AND YOUTH SERVICES



Franca is a Registered Psychologist in private practise in the Greater Toronto Area. Franca is one of the founding members of the Radius Training Institute . Over the past 30 years she has provided a wide range of psychological services to children, youth and their parents related to learning, trauma, sexualized behavior, and adolescent sexual offending behaviour. She has presented locally and at the international level on a range of topics in the field of sexual abuse including trauma, sibling sexual abuse, concerning sexual behaviours in children, and adolescents who have committed sexual offenses. She currently serves as the Alternate Chair of a Research Ethics Board.

Her practise also includes specialization in the areas of learning/cognitive assessment, emotional/personality evaluation, and social and behavioral functioning. Franca has consulted and provided supervision to clinical staff at various community-based organizations, school boards, children's mental health agencies and sexual abuse programs in the regions of Toronto, Halton, Peel and Hamilton. She currently provides psychological consultation and training for Radius Child and Youth Services, Crisci and Associates, and Rae Counselling & Psychotherapy.



NANCY RUMBLE, M.Sc., MSW, RSW

RTI ADJUNCT FACULTY AND CLINICAL THERAPIST,
RADIUS CHILD AND YOUTH SERVICES

Nancy Rumble has been a registered social worker since 2014. She specializes in the assessment and treatment of children and adolescents who have experienced trauma, children who engage in concerning sexualized behaviours and adolescents who have engaged in sexually harmful behaviour. She has consulted to local agencies on children who have engaged in sexualized behaviour. She has presented locally and internationally on topics such as, sibling sexual abuse and concerning sexual behaviours in children, and co-authored "My Digital Journey," an online behaviour reflective assessment tool for young people. She provides clinical services to Radius Child and Youth Services.



HEATHER BARBOUR, B.Sc., R.S.W.

RTI FACULTY | CONSULTING CLINICAL THERAPIST,
RADIUS CHILD AND YOUTH SERVICES

Heather brings over thirty-three years of experience in working with children, and their families, both in mental health and Family Service Agency settings. She has developed specialized clinical skills in the area of trauma assessment, treatment for preschool; latency aged children, and adolescents. She also provides sexualized behaviour assessment and treatment for children under the age of twelve, and risk assessment and treatment for adolescents who commit sexual offenses. Heather has presented both locally and internationally on topics ranging from sibling sexual abuse, concerning sexual behaviours in children, and adolescents who have committed sexual offenses. She co-authored a guide book, Let's Talk About Touching, for clinicians working with children who have engaged in concerning sexual behaviours and a second guide book Sexual Decision Making: Your Personal Code for clinicians working with youth who have committed a sexual offense. She has also authored a therapeutic children's book, Body Book: Private Parts Have a Reason.



SEAN BASARKE, MSW, RSW

**MANAGER, CLINICAL SERVICES,
RADIUS CHILD AND YOUTH SERVICES**

Sean is the Manager of Clinical Services at Radius Child and Youth Services, where, in addition to his clinical work, he provides community education, consultation, and training. Sean is one of the founding members of the Radius Training Institute. Sean specializes in the assessment and treatment of adolescents who have sexually harmed, children who have engaged in concerning sexualized behaviour, and children and adolescents who have experienced all forms of child maltreatment. One of his areas of interest is working with the unique issues related to boys who have been sexually harmed. Sean also provides clinical services to Youth Connections Inc., a residential program for children and adolescents who have engaged in sexually harming behaviour.



ANGIE LAU, MSW, RSW

**CLINICAL THERAPIST.
RADIUS CHILD AND YOUTH SERVICES**

Angie is a clinical therapist at Radius Child and Youth Services. She obtained her MSW from Wilfrid Laurier University and has over ten years experience working with children, youth and families within the children's mental health context. After years of working within children's general mental health, Angie decided to specialize in trauma assessment and treatment as a way to address underlying reasons for many of her clients' presenting issues. In addition to her clinical work, Angie participates in community consultation and training. She is also a keen promoter of health and wellness practices at Radius and is part of the Health and Wellness Committee. She believes in the importance of staff wellness as a way to protect from burn out and vicarious trauma. In addition, Angie taught in the Social Service Worker program at George Brown College and currently provides supervision to MSW student from University of Toronto.

WHAT PEOPLE ARE SAYING ABOUT THIS TRAINING SERIES

95% OF PARTICIPANTS REPORTED BEING “SATISFIED” OR “VERY SATISFIED” WITH THE OVERALL TRAINING SERIES.



Knowledgeable presenters who are able to further elaborate on the material and give examples.



The practical tools to use in session, and the simplicity of language used made it easy to understand and apply.



Passion of the presenters. Creative ideas were great!



The whole training was very engaging with diverse trainers, materials sent in advance, etc. I found it all very valuable.



Increased understanding of treatment, and what activities I can use both in trauma work and in my general practice.



CONTACT US | REGISTER [HERE](#)

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