



Radius Training Institute Advanced Clinical Trauma Training

SERIES A:

Providing Comprehensive Assessment and Treatment for Children and Youth Who Have Experienced Trauma

This series is designed for Masters level clinicians who plan to be providing comprehensive trauma assessments and treatment to children and youth within their agency. This on-line trauma training is a series that includes 9 Trainings, with each training running for 3 hours. There is an expectation that people will register and attend for the entire series. The Training will be offered on the Zoom platform, as Radius has a secure Health Account for Zoom. The training will include a didactic presentation with opportunities for discussion as well as break out groups. Participants are invited to participate in the training with their cameras on. For agencies who register for the series, a bonus training # 10 -Supervisors workshop will be offered at no charge.

Workshop #1:

**Understanding Trauma, the Trauma Framework, Foundational Theories,
Therapeutic Presence and Integrating a BIPOC Lens**

Date: Wednesday, April 14, 2021 - 1:00pm to 4:00pm

Description:

The aim of this workshop is to ensure participants are familiar with the foundational theories required to engage in trauma assessment and treatment with children and youth. A trauma framework with best practice components will be highlighted. Enhancing cultural sensitivity when working with those who have experienced trauma involves the examination of factors within ourselves, our practices, and our organization. Becoming a clinical therapist working with children and youth who have experienced trauma requires not only a choice, but also specific clinical knowledge and skills. Having an understanding of self and engaging in a self-reflective practice are essential. Relational presence is the ability to be attuned to yourself so that you can be present and attuned to others and it is a quality that is particularly important when working with those who have experienced trauma.

Objectives:

- To highlight the foundational information necessary to understand trauma and working with children and youth.
- To examine issues in providing responsive services to the diverse and cultural needs of our clients.
- To highlight the importance and means of providing a trauma informed therapeutic presence in interactions with children, youth, and families.

Facilitators: Radius Training Institute Faculty

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Jacqueline Davis, M.S.W., RSW - Consulting Clinician

Workshop #2:
Comprehensive Assessment of Trauma in Children and Youth
Date: Thursday, April 22, 2021 - 1:00pm to 4:00pm

Description:

A comprehensive trauma assessment is the cornerstone of effective treatment. Each person's response to a traumatic experience is unique, thus the need to assess the potential impact of the experience on all areas of functioning across their life span. The use of psychometric measures provides an additional objective determination of the impact of the traumatic experiences on current functioning.

Objectives:

- To identify the areas of functioning to be assessed in a comprehensive trauma assessment.
- To examine the trauma specific areas to be assessed, developing questions, tools and aids, used to solicit information matched to the client's age, developmental stage and learning challenges.
- To explore the use of psychometric measures available for use in assessment.

Facilitators: Radius Training Institute Faculty

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Franca Iannotta, C.Psych - Consulting Psychologist

Workshop #3:
Writing Recommendations and Translating Recommendations to Treatment Plans
Date: Thursday, April 29, 2021 - 1:00pm to 4:00pm

Description:

The assessment identifies the strengths and areas of functioning that may require intervention. Recommendations are based on the ideal, i.e. what is in the best interest of the child regardless of the circumstances. The recommendations then need to be ethically communicated to ensure comprehension and adherence to privacy legislation. Examining all of the interventions identified, provides the overall picture from which to prioritize and translate the recommendations into specific and measurable treatment goals.

Objectives:

- To examine the synthesis of the data from all sources; identifying strengths, risks, and areas requiring intervention and discuss the communication of recommendations.
- To practice writing trauma specific recommendations.
- To discuss how recommendations are translated into specific and measurable treatment goals.

Facilitators: Radius Training Institute Faculty

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Franca Iannotta, C.Psych - Consulting Psychologist

Workshop #4:
Setting the Stage for Trauma Treatment
Date: Monday, May 10, 2021 - 1:00pm to 4:00pm

Description:

Trauma treatment interventions are not a crisis service. This first stage of treatment involves significant psychoeducational information, learning how to teach about trauma, enhance emotional coping and regulation skills, manage trauma symptoms and distorted or faulty belief systems. Involving the child/youth in the development of their individualized treatment plan is essential to counter experiences of loss of control through the trauma. There is no rehearsal for a trauma disclosure; therefore, it is common to require a corrective emotional experience and parents will need to be supported through this process.

Objectives:

- To review the tasks for safety and stabilization, and the use of psychoeducational materials to support both the child and parents.
- To address symptom management and issues of responsibility as well as to correct cognitive distortions and faulty belief systems.
- To discuss the disclosure response and how to plan for parents to provide a corrective experience.

Facilitators: Radius Training Institute Faculty

Heather Barbour, B.Sc., RSW - Consulting Clinician

Workshop #5:
Understanding the Impact of Trauma on Regulation and Building
Skills for Safety and Stabilization
Date: Tuesday, May 18, 2021 - 1:00pm to 4:00pm

Description:

One of the most significant impairments to functioning as a result of trauma is an activated limbic system and a compromised ability to regulate. Clinicians need to understand dysregulation and the implications related to attachment, neurobiology and their developmental trajectory. State dependent functioning is an important concept for clinicians to understand and to provide interventions to help children and youth return to a regulated and calm state. Involving caregivers to support the child/youth move from external required support to developing the internal awareness and competence to self-regulate.

Objectives:

- To explore dysregulation, its origins in attachment, the neurobiology, and developmental implications.
- To review state-dependent functioning in order to assess, understand and intervene to help a child or youth regulate their emotional, mental and physical states.
- To identify a variety of tools and strategies that can be used to promote emotional and behavioural regulation.

Facilitators: Radius Training Institute Faculty

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Melissa Maltar, M.S.W., R.S.W. - Manager, Clinical Services

Workshop #6:
Resolving the Trauma
Date: Thursday, May 27, 2021 - 1:00pm to 4:00pm

Description:

Identifying and managing traumatic triggers and externalizing the traumatic material will help in the preparation of the trauma narrative. The child/youth will benefit from integrating the traumatic experience (connecting to the thoughts, feelings, memories and bodily sensations) and finding a way to document or bring a voice to their experience. The trauma narrative used in TF-CBT will provide one such example.

Objectives:

- To discuss the desensitization of triggers, the externalization of graphic imagery, and the management of the traumatic responses.
- To introduce the concept of the trauma narrative.
- To understand the purpose and process to help a child/ youth write the narrative or document their traumatic experience.

Facilitators: Radius Training Institute Faculty

Melissa Maltar, M.S.W., R.S.W. - Manager, Clinical Services

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Workshop #7:
Creative Interventions
Date: Monday, May 31, 2021 - 1:00pm to 4:00pm

Description:

Creative interventions require an understanding of how to adapt treatment strategies for developmental age/ stage and learning styles, strengths and differences. There are many resources available to address the impact of trauma, in the form of workbooks, treatment tools and models. Intentionality is required to identify the treatment activity best suited to address the specific need. It is important to be able to explain to a client or parent the purpose of the intervention and to be able to adapt in-session interventions to the particular child or youth.

Objectives:

- To explore how treatment interventions are matched to the child/youth's developmental level and learning needs.
- To develop interventions that promote the integration of experiences through multiple modalities and to practice developing creative interventions to address specific issues.
- To highlight the potential tasks, challenges and information required for parents to support their children in treatment.

Facilitators: Radius Training Institute Faculty

Heather Barbour, B.SC., RSW - Consulting Clinician

Workshop #8:

Healthy Sexuality and Unpacking Masculinity and Gender Issues in Trauma Treatment

Date: Monday, June 7, 2021 - 1:00pm to 4:00pm

Description:

For children and youth who have experienced sexual victimization, it is important to include in their treatment, the teaching of age-appropriate healthy sexuality. Involving the parents is essential as well as understanding how to deliver the in-session information to children and youth of various ages and stages of development. Working with boys who have experienced sexual abuse provides some unique and challenging issues. It is important to unpack masculinity and gender issues in trauma treatment.

Objectives:

- To discuss age-appropriate sexual health resources and how to present information in-session using a developmental framework.
- To examine issues related to the sexual abuse of males, including: common myths, abuse characteristics, disclosures, media depictions and the professional response.
- To examine diversity and inclusion of gender and sexual orientation issues in treatment.

Facilitators: Radius Training Institute Faculty

Heather Barbour, B.Sc., RSW - Consulting Clinician

Sean Basarke, M.S.W., RSW - Manager, Clinical Services

Workshop #9:

Closure and Mitigating the Risk of Vicarious Trauma

Date: Friday, June 11, 2021 - 9:00am to 12:00pm

Description:

Closure is a process, rather than a celebration day. Relationships are repaired and future perspectives identify how the abuse or neglect experience will be integrated into their lives moving forward. Matching the closure activity to the needs of the child and family will help to bring meaning to the experience. Working with clients who have experienced trauma has both its benefits and hazards. Understanding the potential impact of doing this work allows clinicians to make an informed choice. Both the staff and the organization need to develop a plan to support the work and to help mitigate the potential negative impact.

Objectives:

- To examine the tasks of closure and highlight the organization of the celebration activity and the potential need for further services.
- To examine the potential impact of working with clients who have experienced trauma and an individualized plan to mitigate the impact.

Facilitators: Radius Training Institute Faculty

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Jacqueline Davis, M.S.W., RSW - Consulting Clinician

Workshop #10:
Supervision of Trauma Cases
Date: Tuesday, June 15, 2021 - 1:00pm to 4:00pm

Description:

This training is intended to prepare those clinical supervisors who will be providing support and clinical oversight to trauma cases. Supervision of trauma cases requires not only competencies in both clinical supervision and reflective practice, but also a specific knowledge of foundational theories related to trauma. Supervisors provide support in navigating systems, developing coordinated service delivery pathways, and fostering client engagement. It is also important for supervisors to remain current with research, best practices, and methods of evaluating treatment effectiveness. This training will serve as an initial step towards the development of a community of practice for those supervising trauma cases.

Objectives:

- To understand the competencies and core components for agencies and clinicians to provide trauma services.
- To examine issues relevant to clinical supervision of trauma cases.
- To discuss the use of reflective practice and supervision for trauma cases.

Facilitators: Radius Training Institute Faculty

Nancy Falls, Ed.D., RP - Manager, Training and Consultation

Training Overview and Expectations

The Radius Training Institute is a multidisciplinary team of experienced clinicians who are committed to providing cost effective, high quality training to those professionals providing mental health services to children and youth. Our focus is working with children's mental health agencies in Ontario; however, we welcome agencies outside of Ontario and individual participants. With the ongoing Pandemic, we have moved our training to an on-line format. This spring we will be offering an on-line mini-series for clinicians who wish to provide comprehensive assessments and treatment for children and youth who have experienced trauma.

For more information, please contact:

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