

# SUPPORTING THE WORK AND TRAUMA INFORMED CARE



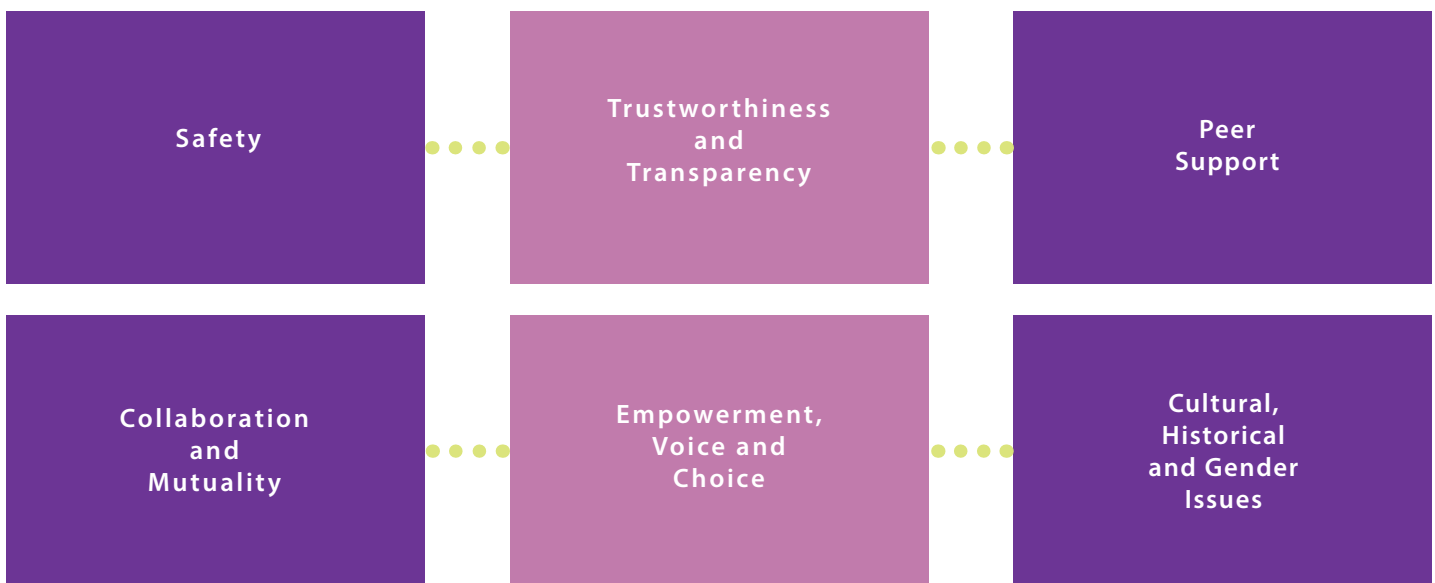
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## General Description

Providing clinical services for trauma and sexual harm requires specialized knowledge, skill and experience. However, offering trauma and sexual harm programs within children’s mental health requires a commitment at all levels within the organization. Providing the infrastructure to support the program, the supervisors, the clinicians, and the clients is essential.

## Practice Based Evidence

There is substantive literature and evidence to support the use of trauma-informed practices in children’s mental health. Organizationally, to transform an agency to become truly trauma-informed, everyone in the organization requires training and information on trauma. According to SAMHSA (Substance Abuse and Mental Health Administration) there are six components of Trauma-Informed Care:



The organization has a responsibility to provide an environment to support the work and mitigate the risk of vicarious trauma. Hearing and working with trauma can potentially have a negative impact on the staff; therefore requiring some consideration to educate and support staff at all levels within the organization. However, those supervisors and clinical staff who work directly with clients who have experienced trauma or engaged in sexually harming behaviours, may require additional support.

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## Prerequisites

Supporting the delivery of trauma and sexual harm services for children and youth requires a commitment by the organization. Radius Training Institute is committed to working collaboratively to design and deliver a training program to match the unique needs of a children's mental health agency or community. Our focus is to provide support for the development and implementation of specialized clinical services for trauma and sexual harm, inclusive of administration, supervisors, clinical staff, and non-clinical staff.

## Program Offerings

The following offerings are interwoven into the trauma and sexual harm training programs:

Creating a Trauma-Informed Organization

Establishing a Trauma Program

Being a Trauma Supervisor

Creating a Community of Practice

Becoming a Trauma Therapist

Addressing the Potential Impact of Work

Engaging Clients and Being Culturally Relevant

Understanding Trauma and Trauma-Informed Care

Understanding Dysregulation and Building Skills for Safety and Stabilization

Trauma-Informed Care for Walk-Ins

Trauma-Informed Care for Justice Involved Youth

Having experienced clinicians available for ongoing support on the program implementation as well as clinical consultation ensures the learning is supported and maintained. The goal is to increase the confidence and competence of clinical staff and supervisors within a trauma program. Agency specific consultation following the training is available and negotiated separately from the training.

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